

~ AIS/RTI Newsletter ~

Dear Parents,

As the new school year begins, the most common problem that parents and teachers are confronted with is the lack of child motivation. Motivation can either come from within the student (intrinsic) or from outside (extrinsic). Some children are motivated simply because of the joy that comes from learning something new (intrinsic). Others need external motivations such as a "reward" (extrinsic). The key is to find what motivates your child. Motivation leads to school success. Parents are a vital component of their child's motivation. The beginning of the school year is very important and parents can help get the year off to a good start.

Best,
Mrs. Lomaga
& Ms. Perez

Factors That Lessen A Child's Motivation

- Fear of Failure - Children are afraid to make mistakes so they may be afraid to complete an assignment because they don't want to look foolish in front of their peers, teachers, or parents.
- Lack of Challenge - Children may be unmotivated if they are bored.
- Lack of Meaning - Children that cannot see how a task relates to everyday life may believe that it's just not worth completing.
- Desire for Attention - Some children use lack of academic success as a way of getting attention. Attention is a powerful motivator for children.

How Parents Can Help

- Provide a warm and accepting home environment
- Give clear and specific directions with constructive feedback
- Build on the child's strengths
- Try to relate schoolwork to the child's interests
- Emphasize your child's progress rather than comparing him/her to other children or siblings
- Use rewards wisely...build intrinsic motivation by following a child's interests rather than creating elaborate reward systems



**SEPTEMBER &
OCTOBER**

2017