

# P.S. 88Q: NOVEMBER 2017

## .....SCHOOL NEWS.....

### NAMASTE!!

Recently I interviewed Ms. DiGregorio about the Yoga Program in our school. She teaches Yoga to students in all grades in our school. Ms. DiGregorio said the Yoga Program teaches students to be more connected to their bodies and emotions. It also teaches them to be relaxed, and feel more at peace with themselves and others. She said that, "Yoga is the practice of connecting to your mind, body and soul." Yoga is Ms. DiGregorio's passion, and she enjoys teaching and sharing it with others. She told me "Namaste" means Hello, Honor and Respect which she shares with her students every day! Namaste!

Victoria Vargas 5-410



### MINDFUL MOMENT MONDAYS

My partner (Sophia) and I interviewed Ms. DiGregorio about Mindful Moment Mondays. She replied by saying, "Mindful Moment Mondays started as a way to bring the school together for a few moments for students to feel calm, relaxed, at peace, and connected to their body, their mind, their breath, and soul. On Mindful Moment Mondays teachers and staff can wear their Unique attire and dress comfortably." Every Monday after Mr. Quintana's announcements, Ms. DiGregorio does a short meditation for the entire school over the loudspeaker. Ms. DiGregorio tells us to take a moment to quiet our mind and body by taking a deep breath in through our nose and out through our mouth. Then she tells us to be present and grateful for our heart, lungs, and body.

The idea for Mindful Moment Mondays came from Ms. DiGregorio and the School Wellness Council. Our School Wellness Council is a group of teachers who come up with ideas to help our school become healthier. Ms. DiGregorio hopes that Mindful Moment Mondays helps teachers and students feel happier and calm. She would love to start every school day with a Mindful Moment.

Julia Kolakowski & Sophia Pelaez,  
both from 5-410



### "I GOT CAUGHT DOING SOMETHING GOOD"

This month my partner, Melissa and I (Samantha, interviewed Mr. Nolan about the "I Got Caught Doing Something Good" Program. Mr. Nolan told us that the program was started to reward students for good behavior and for being nice to others. The program is also to encourage students to improve their behavior and to teach them how to treat other people. When a student is caught doing something good, he or she is given a red card. Students can get a red card if they say kind words, hold the door for someone else, or stand up for someone being bullied, as examples. Being a good person is all it takes to get a red card. Each month a raffle is held for all the students who received a red card. Whoever wins the raffle is awarded a \$25.00 gift card to Toys R Us. The program shows everyone that being a good person is easy to do and you can be recognized and rewarded for doing so.

Samantha Adams & Melissa Womble,  
both from 5-410



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## .....SCHOOL NEWS.....

### ADOPT A HALLWAY

My partner and I (Abir) interviewed Mrs. Sharabi about the Safe and Caring initiative called "Adopt the Hallway". She explained the reason behind this project is to promote positive behaviors and to keep hallways safe and clean. Mrs. Sharabi also stated that the people who are involved in "Adopt the Hallway" are Mr. Adams, Mr. Nolan, the Safe and Caring Committee members, and herself. The names of the hallways are: Perseverance Place, Respect Road, Diversity Drive, Appreciation Avenue, Responsibility Road, Community Court, Honesty Avenue, and Cooperation Street. Lastly, Mrs. Sharabi made sure to tell us that every class that behaves in the hallway will receive a prize each month. Let's keep our hallways clean and safe!!

Edona Kraja & Abir Belbraka, both from 5-410



### MAGGIE'S MONTHLY MESSAGE

Happy Thanksgiving PS 88! Thanksgiving is one of my favorite times of year. Besides the fact that it welcomes the holiday season, it's the time when families come together to celebrate the love they have for one another. As the years go by, we watch our children grow into young ladies and gentleman. At times we forget all of the love and support from our family, friends, and school that has molded our children into who they are today. This season I want to thank all of my family, friends, teachers, PTA, taekwondo instructors as well as my coworkers for supporting my family and I throughout the years. Their loving support has helped me become a better Parent Coordinator for PS 88 as well as a super mom to my daughter.

I'm happy to call PS 88 my family. I'm thankful for being part of your children's development whether it be a fun night with Daddy Club, a helping hand in the morning when they arrive to school, encouraging them to do their best for the Disney show, or cooking with them on one of our Friday night Cooking Classes with Common Threads. Watching you and your family make happy memories while we engage in fun events brings me true joy. I am so thankful for all of you joining me for each workshop and fun activity I plan. I look forward to building our family bond each time we come together. I'm always here to support all of you, just pick up the phone or stop by to see me, my door is always open.

This Thanksgiving begin a tradition of showing gratitude to your family at the dinner table for the things they do to support your family throughout the year. As my mother says, "It takes a village to raise a child." Have a Happy and Save Holiday PS 88!

Ms. Maggie Ramos, Parent Coordinator



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## .....SCHOOL NEWS.....

### **GUIDANCE GRAPEVINE: WELCOME BACK TO THE SCHOOL YEAR!!**

Hello Boys and Girls:

When someone makes fun of you and you begin to feel bad it can be due to how you think about yourself. Here is an excerpt, from the "Bullying Awareness Activity Book: Part II, that gives you a definition of self-confidence and deals with what you can do about it.

### **BUILDING SELF-CONFIDENCE**

**Introduction:** Did you know that when you feel good about yourself it can help you stand up to a bully? Feeling good about yourself is called "self-confidence." The fact is, bullies usually don't pick on people who show that they are self-confident. Self-confidence can also help you stand up for others.

### **BUT HOW DO YOU LOOK SELF-CONFIDENT?**

- Keep your head up; don't look down.
- Keep your back straight and tall- don't slouch or hunch over.
- Walk quickly and
- don't drag your feet.
- Put a smile on your face.
- Keep away from people who are mean or are trouble-makers in school.

### **BADGE OF SELF-CONFIDENCE**

- We all have times when we don't feel good about ourselves. That's when you should be extra kind to yourself and remember the positive things about YOU.
- If you didn't get a good grade on a test, remind yourself of a time when you did better.
- If you did not do well at sports practice, remind yourself of your value to the team. Are you a good sport? Do you have a positive team attitude? Do you practice with your teammates?
- Remember the "inside you." Think about these characteristics: honest; kind; generous; responsible; trustworthy; curious; helpful. Which one describes you?

Mr. Canales & Ms. Dukagjini,  
School Counselors

### **CAFETRIA CHATTER**

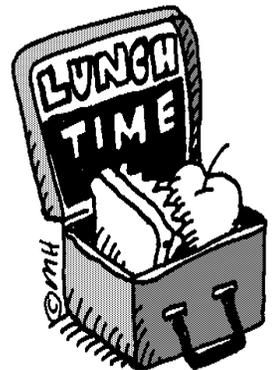
Hi everyone! I hope everyone had a safe and happy Halloween. There are just a few reminders: Ice cream is sold in the cafeteria every day for \$1.00 and \$2.00.

I want to remind everyone about our cafeteria and recess rules.

- 1) No running. When you run and bump into other students they can get hurt.
- 2) Please clean up after yourself. Our Cleanup Crew works very hard to clean our cafeteria, but it is not fair for them to clean up your tray and table. We want to be considerate to the next student who will be sitting in your spot.

We are a Safe and Caring school. Let's treat each other with kindness, and of course always keep our hands to ourselves. Last but not least, I want to wish everyone a Happy Thanksgiving! I am thankful I get to see each and every one of you every day!

Laurie Andrew, Supervising School Aide



# P.S. 88Q: NOVEMBER 2017

## .....SEASONAL NEWS.....

### **THANKSGIVING FUN!!!**

If I had to say, the best part of Thanksgiving is eating delicious food and spending time with my family. I like it when my relatives come over and we have a tasty meal. We have a variety of foods like turkey, fruits, vegetables, mashed potatoes, corn bread, and many more amazing foods. Personally, my favorite dish is turkey. Overall, this is my favorite part of Thanksgiving and I can't wait for it to be here!

Matthew Suarez 3-302

### **THANKSGIVING, MY FAVORITE HOLIDAY!!**

Thanksgiving is one of my favorite holidays. Thanksgiving is my favorite holiday because my mom and grandma always make delicious rice, potato salad, corn, and turkey. We all sit together to enjoy the delicious dinner. This year is more special because it is my mom's birthday on Thanksgiving Day. We are going to celebrate her birthday after our family dinner. Then, we are going to have a chocolate fudge cheesecake. I can't wait for Thanksgiving. Have a Happy Thanksgiving!

Mariela Diaz 3-302

### **TRAVELING FOR THANKSGIVING**

My favorite part of Thanksgiving is spending time with my family. My whole family goes to a place in the Outer Banks in North Carolina every year. My whole family stays in a big house together. We do a lot of fun stuff together. We go to a place called Duck Donuts that sells really good donuts that taste delicious. We also play games together. One game we play is the acting game. My aunt tells us something that we have to act out and we do it. This usually makes us laugh a lot. If it is warm enough, we go to the beach and make sand castles and we make a sea world out of sand, water and shells. After that my whole family goes to have a great meal. We also go to the pool and we swim. Best of all, we just spend time with one another and tell each other what we have done while we were apart and how we've been doing. I can't wait for the end of the month!

Amihan Johnson 3-302

### **MY THANKSGIVING**

The best part of Thanksgiving is having my family come over. The reason I say this it's because I get to play with my cousins all day long and watch movies. We get to eat delicious food and are thankful that we have each other. Another thing our family does on Thanksgiving is watch the Thanksgiving Day Parade on TV. As soon as we see Santa Claus at the end, we know Christmas is starting. That is the best part of Thanksgiving to me.

Kaylee Valentin 3-302

### **FOOD FOR ME!!**

The best part of Thanksgiving is the food. Turkey, potato salad, and pie, make it one of the best days of the year. One of the best things about Thanksgiving is that all of my family gets together and eats these great foods. Another wonderful thing is giving thanks for everything that I have.

Jacob Rodriguez 3-302



# P.S. 88Q: NOVEMBER 2017

## .....SEASONAL NEWS.....

### THANKS FOR.....

I am thankful for my family. I am thankful for my family because they take care of me. For example, when I'm hungry they let me eat. I can order Chinese food or my mom will cook me something delicious. My parents also are always there for me if I get hurt. They also help me get ready for school every day. My grandma is more than nice. Every time I want something, she gets it for me like if I want a Barbie doll or a doughnut.

Christina Vojvodich 3-302

### MY THANKSGIVING

My favorite thing about Thanksgiving is that you spend time with family and friends. I love playing fun games with them during the holiday. I also enjoy eating food with them and praying together. Happy Thanksgiving!

Madeline Castaneda 3-302

### GIVING THANKS

I'm thankful for many things over Thanksgiving. One of these things is my family. I'm thankful for my family because we keep each other safe and we care for each other. Another thing that I'm thankful for is shelter. I'm thankful for this because I come out of school and go to a nice house with my mom and it feels good. One more thing is food. I'm thankful for food because it gives me protein and nutrition to keep me healthy. Not only that, but you can't survive for long without food.

Sara Chaaibi 5-410

### A LOT TO BE THANKFUL FOR

Thanksgiving is close by and there are many things I'm thankful for. My family is really important to me and my life. Without them, my life would be very upsetting. Having a home is so important too. Without shelter you would not have any place to go. Shelter keeps you safe and you also have somewhere to stay. I'm so thankful for food and drinks too. You need food and drinks to keep you healthy and alive. Without it, you will be thirsty and hungry, and probably very sick. Lastly, I'm so thankful for this school. I am getting a great education and learning so much here.

Paula Palusinski 5-410

### THANKFUL FOR MY FAMILY MEMBERS

I am thankful for many things this holiday. I'm thankful for my Mom and Dad because they always make me feel happy when I see them. Also, when I'm feeling down, they always bring me joy. The second thing I'm thankful for are my brothers and sister because they show me how to play new things such as games and TV shows. The last thing I'm thankful for is my home because if I did not have a home, I would be living outside in the streets.

Melanie Vasquez 5-410



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## .....SEASONAL NEWS.....

### THANKFUL FOR RAMADAN

During this holiday season, I'm thankful for Ramadan. Ramadan happens once a year. Ramadan is a month when Muslims fast and go to the mosque for prayer. I am thankful for Ramadan because you get healthy in our mind, you go to the mosque and you meet new friends. When we do eat, we also share food with members of our huge Muslim family.

Ismail Badja 3-302



## .....SURVEYS.....

### THANKSGIVING SYMBOLS

My partners and I (Maria) did a survey of some students in Grades 1-3 on what their favorite Thanksgiving symbol is. The choices were: a turkey, Pilgrim, Native American, pumpkin, and scarecrow. In first place came a scarecrow with 143 votes. In second place came a pumpkin with 139 votes. A turkey came in third place with 82 votes. In fourth place came a Native American with 31 votes. A Pilgrim came in last place with 20 votes. Have a wonderful Thanksgiving!

Maria Gerges 4-310, & Retag Elasar & Astou Top, both from 4-408



### FAVORITE PART OF THE THANKSGIVING TURKEY

My partners and I [Lucas] surveyed some students in Grades 3-4 on what their favorite part of the Thanksgiving turkey is. The choices were: white meat, dark meat, drumstick (leg), wing, and the skin! The drumstick came in first with 109 votes. White meat came second with 91 votes. The skin came third with 84 votes! The wing came in fourth place with 52 votes. Last but not least, dark meat came in last place with 37 votes! GOBBLE, GOBBLE!!

Lucas Thoomey, Robert Canahan, & Filip Gaska, all from 4-224



### FAVORITE THANKSGIVING DINNER SIDE DISH

My partners and I (Kenneth) surveyed some students in Grades 3-5 on what their favorite Thanksgiving dinner side dish is. The choices were: mashed potatoes, sweet potatoes, corn, corn bread and cranberry sauce. The most popular choice was mashed potatoes with 165 votes. Second was corn with 79 votes. Third place went to corn bread with 55 votes. Sweet potatoes came in fourth place with 24 votes. Last but not least, was cranberry sauce with 16 votes. What's your favorite Thanksgiving side dish? Ours is corn. Happy Thanksgiving!!! We hope you will have the best one yet.

Kenneth Siedlik & Dawid Zareba,  
both from 4-224, &  
Mohammad Razak 4-405



# P.S. 88Q: NOVEMBER 2017

## ..... SURVEYS.....

### THANKSGIVING DESSERTS

We surveyed some students in Grades 1-3 to find out what they would like to have for dessert on Thanksgiving. The choices were: pumpkin, pie, apple pie, sweet potato pie, apple cider donuts, or chocolate cake. First place went to chocolate cake with 279 votes. Apple pie came in second place with 72 votes. Third place went to pumpkin pie with 59 votes. Apple cider donuts came in fourth place with 42 votes. Sweet potato pie came in last place with 12 votes. All these desserts are YUMMY!! HAPPY THANKSGIVING everybody!!

Klaudia Jaworska, Arianne Camacho, &  
Melanie Munoz, all from 4-405

### FAVORITE PART OF THANKSGIVING

My partners and I (Mareiz) surveyed some students in Grades 3-5 on what their favorite part of Thanksgiving is. The choices were: Thanksgiving dinner, spending time with your family, watching the parade, and playing games. Playing games came in 1<sup>st</sup> place with 147 votes. In 2<sup>nd</sup> place came spending time with your family with 116 votes. Thanksgiving dinner came in 3<sup>rd</sup> place with 81 votes. Finally, in 4<sup>th</sup> place came watching the parade with 18 votes. Have a Happy Thanksgiving everyone!!

Mareiz Boshra, Aileen Rojas, Sophia Martinez,  
& Juliette Morales, all from 4-224

### MOST THANKFUL

My partners and I (Adam) surveyed some students in Grades 3-5 on what they are most thankful for during this Thanksgiving holiday. The choices were: family, friends, teachers, food, house or shelter, and school. Family came in first place with 190 votes. In second place came teachers with 18 votes. Third place went to food with 15 votes. Friends came in fourth place with 8 votes. House or shelter received 7 votes to finish in fifth place. Finally, school came in last place with 5 votes. Happy Thanksgiving!!

Adam Elaasar, Jadon Caputo, & Cameron Sofia,  
all from class 5-410



# P.S. 88Q: NOVEMBER 2017

## .....**BOOSTERS**.....

### **BOOSTERS**

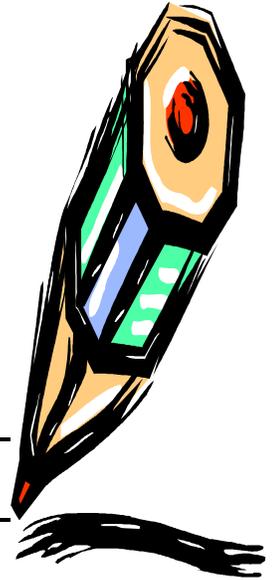
Do you want to send someone a special note or message? **THE SENECA SCOOP** offers you this opportunity with every monthly issue. For \$1 apiece, we will print your message in our next issue. Don't forget birthdays, graduations, special events, etc. Fill out the form below and put it in Mr. Mintz's mailbox. Boosters are limited to two lines. Please make copies of the form below if you intend to send more than one booster.

Dear \_\_\_\_\_ (Class \_\_\_\_\_ )

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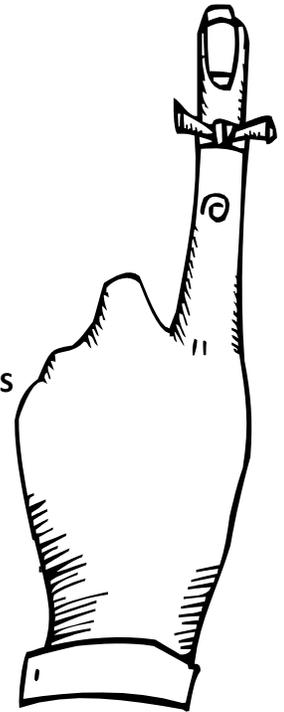


**ALL BOOSTERS ARE DUE DECEMBER 6TH!!! BE TIMELY!!**

## .....**ODDS & ENDS**.....

### **REMINDERS:**

1. NO SCHOOL NOVEMBER 23-24. (THANKSGIVING)
2. CLASSES BEGIN AT 8AM SHARP!!!
3. VISIT OUR WEBSITE [WWW.PS88Q.COM](http://WWW.PS88Q.COM) FOR ALL UPDATES ON OUR SCHOOL.
4. VISIT YOUR TEACHER'S CLASS PAGE TO SEE WHAT IS GOING ON IN THE BUILDING. IT IS ACCESSIBLE THROUGH THE SCHOOL'S WEBSITE.
5. RETURN YOUR BLUE EMERGENCY CARDS AS SOON AS POSSIBLE.
6. FRUIT DRINKS & WATER ARE SOLD DAILY IN OUR CAFETERIA FOR \$1 APIECE.
7. ICE CREAM WILL BE SOLD (\$1 OR \$2) EVERYDAY.
8. PLEASE SEND IN BOX TOPS FOR EDUCATION.



**CONGRATULATIONS** to all our Students of the Months and Ambassadors of Peace!!!

**HAPPY THANKSGIVING!!!**

**SEE YOU IN DECEMBER!!**



